# Sessions & Activities



#### **Breast Start**

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained health care professional. No need to book, just come along.



#### Other Services and Support

You can also access information and support around volunteering, counselling services, how to join our parent groups or become a parent champion, access wider feeding support and much more.



#### Breastfeeding **Support &** Guidance

available from qualified Family Hub Staff in all of our Hubs. Monday - Friday Pop in or call us on:

01302 736880 (Balby) 01302 737995 (Central) 01302 737790 (Wheatley)





Don't forget to follow us on Facebook for all the latest updates! Just search for your local Family Hub!







Old School Way off Beckett Road, Wheatley, Doncaster, DN2 4AJ 01302 737790



Balby, Doncaster DN4 0TY 01302 736880

Become a member at your local Family Hub!

For more information, visit: DONCASTER.GOV.UK/FAMILYHUBS







































Welcome Way Doncaster, DN1 3LE 01302 737995







#### Intake Library

Montrose Avenue, Intake, DN2 6PL

#### The King's Cross Church

Urban Road, Hexthorpe, DN4 0EP

#### St. Paul's Catholic Church

21 Goodison Boulevard, Cantley, DN4 6BT

#### Westfield Park

Littlemoor Lane, Balby, DN4 OLN

We can't wait to see you!







### **Central Family Hubs**

## Summer Timetable 21st July - 29th August

Discover the sessions, activities, support and events taking place for families of children aged 0-5 and beyond!

### Join us at:

Central Family Hub
Balby Family Hub

Wheatley Family Hub







Proudly supporting families in Central Doncaster including:

Balby · City Centre · Cantley · Wheatley texthorpe · Bessacarr · Intake

www.yourlifedoncaster.co.uk/family-hubs



Summer Timetable	
Week 1: 21st July - 25th July	

Family	Week 1: 21st July - 25th July				•
Family HUBs	Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
Balby	All of our sessions are dad/male carer friendly	First Friends 9:30am-11:00am	Breast Start 9:30am-11:00am		
Central	Messy Play 10:00am-11:00am	Summer Family Fun 1:30pm-3:00pm	First Friends 9:30am-11:00am		
Wheatley	First Friends 9:30am-11:00am	Summer Crafts 10:00am-11:00am	Summer Family Fun 10:00am-11:30am		Nature Explorers 1:30pm-3:00pm
Other venues	Cantley Family Fun Safety Week 1:00pm-3:00pm St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT	Breastfeeding Support & Guidance available from qualified Family Hub Staff in all of our Hubs. Monday - Friday Pop in or call us on:		Sensory Rooms available to book for free Monday - Friday Please call Balby 01302 736880 Central 01302 737995 Wheatley 01302 737790	Bumps to Babies 9:30am-11:00am The King's Cross Churc Urban Road, Hexthorpe DN4 0EP  Wriggle, Rhyme &

Pop in or call us on: 01302 736880 (Balby) 01302 737995 (Central) 01302 737790 (Wheatley)



Cross Church, ad, Hexthorpe,

, Rhyme & Storytime

1:30pm-2:30pm
The King's Cross Church,
Urban Road, Hexthorpe,
DN4 0EP

## Sessions & Activities





#### First Friends (Pre-Birth to Pre-Crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available. You can attend this group if you are currently pregnant.



### \_\_\_\_\_

Family Fun (0-11 years)
Fun, interactive sessions for the whole family to enjoy with a different theme each week, such as Water, Jungle, Pets, Farm, Mini Beasts and Sea Animals.



#### Bumps to Babies (pre-birth to 12 months)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. You can attend this group if you are currently pregnant.



#### Summer Crafts (0-11 years)

Come along and get creative with the whole family. Making arts and crafts for Summer, supporting your children to become imaginative, using both their fine and gross motor skills.



#### Reptile Rendevouz (0-11 years) Booking Essential

Come and join us for our Reptile Rendevouz. A fun play session where you and your child can meet reptiles and furry friends.



#### Wriggle, Rhyme & Storytime (0-11 years)

Enjoy our fun and interactive session where children can explore music, rhymes and stories with their parent/carer using props and sensory resources.



#### Nature Explorers (18 months - 11 years)

An interactive session exploring the outdoors. This session includes a range of different nature activities, including nature hunts, using tools, den making and leaf mark making.





#### Messy Play (0-11 years)

Take part in a variety of messy play experiences. The session aims to provide you and your child with lots of opportunities to explore messy play, experience positive interactions and provide fun, low cost play ideas that can be recreated at home. Please dress appropriately as this session will get MESSY!





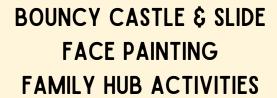












**ALL ACTIVITIES ARE FREE** 





## WESTFIELD PARK LITTLEMOOR LANE, BALBY DN4 OLN

Every **Thursday** - 11am-3pm starting from Thursday 31st July – Thursday 28th August









16

# Central Family

## Summer Timetable

Week 2: 28th July - 1st August

Tarring	Wook 2. Zoth bary Tat August					
HUB	Monday 28th	Tuesday 29th	Wednesday 30th	Thursday 31st	Friday 1st	
Balby	BOOKING ONLY – C Central Family Huk 01302 737995 to bo your place	on	Breast Start 9:30am-11:00am			
Central	Reptile Rendezvous 1:00pm-1:45pm or 2:00pm-2:45pm	Summer Family Fun 1:30pm-3:00pm	First Friends 9:30am-11:00am	All of sessio dad/mo	ns are ale carer	
Wheatley	First Friends 9:30am-11:00am	Summer Crafts 10:00am-11:00am	Summer Family Fun 10:00am-11:30am	0 0	Nature Explorers 1:30pm-3:00pm	
Other venues	Cantley Family Fun Healthy Lifestyle Week 1:00pm-3:00pm St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT		Summer Crafts 10:30am-11:30am Intake Library, Montrose Avenue, DN2 6PL		Bumps to Babies 9:30am-11:00am The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  Wriggle, Rhyme & Storytime 1:30pm-2:30pm The King's Cross Church,	
					Urban Road, Hexthorpe, DN4 0EP	



Family					
Family HUBs	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Balby	Summer Family Fun 10:00am-11:30am	First Friends 9:30am-11:00am	Breast Start 9:30am-11:00am		
Central		Summer Family Fun 1:30pm-3:00pm	First Friends 9:30am-11:00am		
Wheatley	First Friends 9:30am-11:00am		Summer Family Fun 10:00am-11:30am		All of our sessions are dad/male carer friendly
Other venues	Cantley Family Fun Joyful Movement Week 1:00pm-3:00pm St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT			Sensory Rooms available to book for free Monday - Friday Please call Balby 01302 736880 Central 01302 737995 Wheatley 01302 737790	



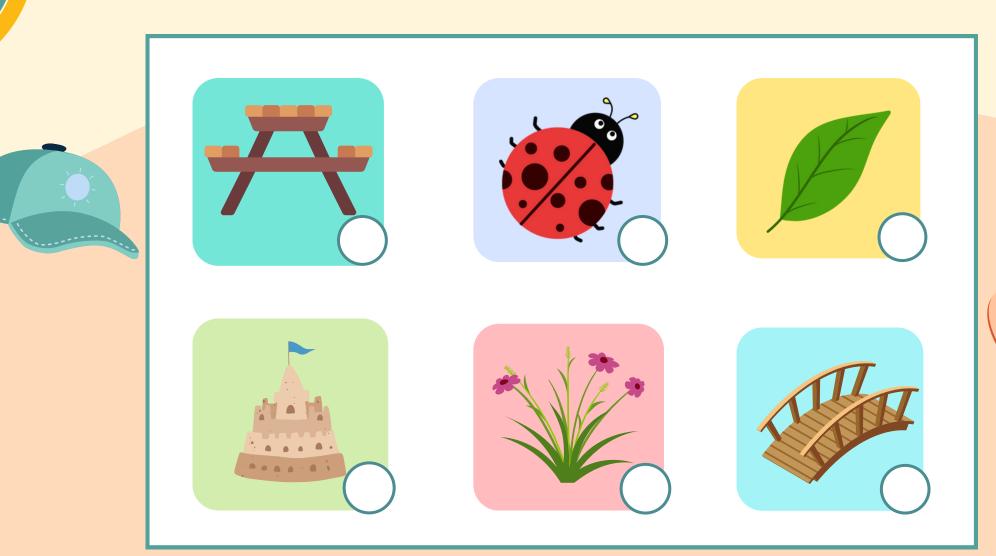
## Can you colour a summer picture





## Summer Scavenger Hunt

Place a check ✓ next to each item you see over the holidays





readers 14th Friders 15th
ursday 14th Friday 15th
All of our essions are d/male carer
friendly
Nature Explorers 1:30pm-3:00pm
Bumps to Babies 9:30am-11:00am The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  Wriggle, Rhyme & Storytime 1:30pm-2:30pm The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP



Week 5: 18th August - 22nd August

ramily		<b>,</b>			
HUB	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Balby	Summer Family Fun 10:00am-11:30am	First Friends 9:30am-11:00am	Breast Start 9:30am-11:00am	All of our sessions are dad/male carer friendly	
Central		Summer Family Fun 1:30pm-3:00pm	First Friends 9:30am-11:00am		
Wheatley	First Friends 9:30am-11:00am	Summer Crafts 10:00am-11:00am	Summer Family Fun 10:00am-11:30am		Nature Explorers 1:30pm-3:00pm
Other venues	Cantley Family Fun Celebrations & Sports Day 1:00pm-3:00pm St. Paul's Church Hall, 21 Goodison Boulevard, Cantley, DN4 6BT	Sensory Rooms available to book for fre Monday - Friday Please call Balby 01302 736880 Central 01302 737995 Wheatley 01302 73779			Bumps to Babies 9:30am-11:00am The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  Wriggle, Rhyme & Storytime 1:30pm-2:30pm
					The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP



Week 6: 25th August - 29th August

	9				
Hubs	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th
Balby	BANK HOLIDAY	First Friends 9:30am-11:00am	Breast Start 9:30am-11:00am		
Central	BANK HOLIDAY	Summer Family Fun 1:30pm-3:00pm	First Friends 9:30am-11:00am		
Wheatley	BANK HOLIDAY  All of our		Summer Family Fun 10:00am-11:30am		Nature Explorers 1:30pm-3:00pm
Other venues	sessions are dad/male carer friendly  BANK HOLIDAY				Bumps to Babies 9:30am-11:00am The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP  Wriggle, Rhyme & Storytime 1:30pm-2:30pm The King's Cross Church, Urban Road, Hexthorpe, DN4 0EP
	Central Wheatley Other	Balby  BANK HOLIDAY  BANK HOLIDAY  BANK HOLIDAY  All of our sessions are dad/male carer friendly  Other  BANK HOLIDAY	Balby  BANK HOLIDAY  Summer Family Fun 1:30pm-3:00pm  BANK HOLIDAY  All of our sessions are dad/male carer friendly  BANK HOLIDAY  BANK HOLIDAY	Balby  BANK HOLIDAY  Summer Family Fun 1:30pm-3:00pm  Summer Family Fun 1:30pm-3:00pm  Summer Family Fun 1:30pm-3:00pm  Summer Family Fun 1:30pm-11:00am  Summer Family Fun 10:00am-11:30am	Balby  Bank Holiday  Summer Family Fun 1:30pm-3:00pm  Summer Family Fun 10:00am  Summer Family Fun 10:00am  Summer Family Fun 10:00am  Summer Family Fun 10:00am  Summer Family Fun 10:00am-11:30am